



Hi, I'm Christine and I believe in your dreams.

You have important dreams and goals, but they are still on hold.

You want to do these things, but life keeps getting in the way...

How can you possibly find time for what matters most?

Well, I am here to tell you it is possible.

Seven years ago, I discovered a neuroscience-based way to use dream-planning to help you strengthen your energy, motivation, and focus toward what you want most so you can achieve your dreams and goals.*

People who use my process over and over again love it because it is so easy and helps them get more of the right things done in less time.

"With Think Time, I can live on purpose and achieve my goals. And it is so easy." - Francisca

"I get more bang for my buck with my time when I use my Think Time Planner." - Carrie

"With Think Time, I feel present in my own life. You can't put a price tag on that." - Evan

It's fun.

It's easy.

It works.*

Don't let distractions steal your dreams and goals any more!

Start getting clarity and finding time with Think Time.

Try the Dream Sheet today.

Cheering you on!

Christine Wilson

*Every person is different. Results will vary.
**All testimonies are taken to be true but are not verified in any way.





dream...

Be real. How are things today? Draw it here.

Dream big. How you would like things to be?



decide.

Choose 1-3 BIG action steps you can take to move toward your dream. Write them below:

- 1 _____
- 2 _____
- 3 _____

do!

Schedule your action steps into your Dream Routine routines or onto your calendar. Check the box when these are scheduled.

1

2

3

...review.

How did it go? Write in the box what worked and what didn't.

For best results, use your Think Time_{TM} Planner to help you make productivity easy so you can bring your dreams to life.

